



your wedding

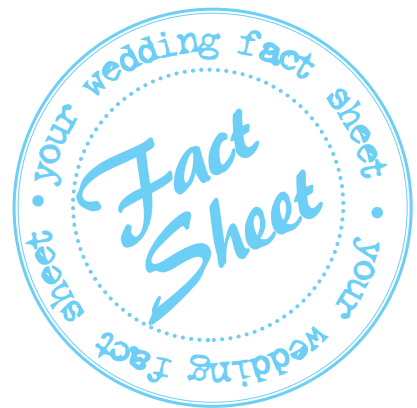
fact sheet 13: your wedding cake

AUTHOR:
Keri Balding, D^{IR}LAW

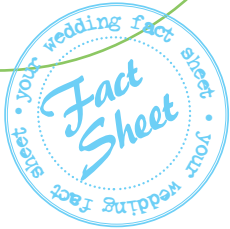
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your wedding cakes



The cutting of the wedding cake symbolises the first slice of married life, so the tradition says.

The cake is a symbol of celebration, to be shared by the bridal couple amongst their friends and family. The custom of sharing the cake and even sending some to absent friends represents the sharing of the happiness and good fortune felt by the newly wed couple.

The cake is usually shared out to guests by the bridesmaids. Often the top layer of the cake is kept and frozen, to be eaten on the couple's first wedding anniversary or on the birth of their first child, to revisit the treasured memory of the wedding day.

Wedding cakes were once just simple fruit cakes but today it can be made of more contemporary ingredients, often reflecting the personal taste of the bridal couple. A carrot cake perhaps, for a health conscious couple, a chocolate mud-cake for the not so health conscious, or a theme cake which makes an individual statement.

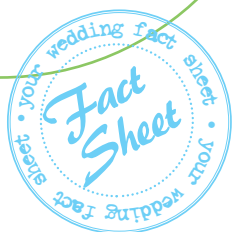
The cake is often a work of art itself, draped with heavy almond-flavoured icing and decorated with sugar flowers, figurines, ribbons or hearts. Some couples choose fresh flowers for their cake which match the colour of the bridal bouquets. Your cake can be a simple affair or a bold statement and there are designer wedding cake companies who can advise you.

The better the ingredients, the longer the cake will keep, so choose a company which will make your cake from the best ingredients. It is best to order your cake at least two months in advance.

The size of the cake is of course dictated by the number of guests you have invited. Allow one piece for each guest and absent friends.

Your wedding cake can be served as an integral part of your celebratory meal – it makes a great dessert served with thick cream and a platter of fruit, or served later with coffee and port.

your wedding cakes



A Your Wedding tradition – the wedding cake

The wedding cake has been a part of wedding celebrations since the time of the ancient Romans who broke a thin loaf over the bride's head at the end of the ceremony as a symbol of abundance. The crumbs were eaten by the wedding guests as they were believed to be good luck.

The ancient Greeks offered cakes made of fruit, nuts and honey to the Gods seeking approval of the marriage and their blessings to the couple.

In England during the Middle Ages, the bride and groom would kiss over a pile of small wedding cakes to ensure an abundance of healthy offspring.

It was a French baker who first iced a wedding cake with hard sugar frosting.

These days the custom of sharing the cake still represents the sharing of the happiness and good fortune felt by the newly-wed couple.

Wedding cakes:

Cake Art and Designer Stationery
Shop 2, 41 York Road, Penrith
Phone: (02) 4731 2514

One Stop Cake Decorations
Shop 10 NK Centre, 450 High Street, Penrith
Phone: (02) 4722 9580